

SAFETY TALK

July 15, 2020

Make Social Distancing a Routine

COVID-19 fatigue has been cited by Public Health Authorities as a factor influencing unsafe behaviors, we need to adjust to a new normal where COVID-19 safety procedures are not the exception but are a part of our routine.

The principal safeguards for preventing the transmission of COVID-19 are still social distancing and/or face coverings when that is not practical, hand hygiene, cleaning and disinfecting and health monitoring.

Public Health Authorities have recently reflected on how people may not be acting responsibly and following safeguards with the same enthusiasm they did previously. Recent COVID-19 outbreaks reinforce what happens when people expand their contacts and fail to maintain social distancing, or wear face coverings or fail to monitor their health.



Our success managing COVID-19 continues to reflect our individual and collective efforts at home and at work. The risks of increase in transmission associated with large groups and a break down in social distancing are significant. In our workplaces we have also identified conditions where workers are not maintaining their distancing and / or not wearing face masks when required.

Individually we need to turn the safeguards into practices that are part of our routines despite what we may see other doing.

We need to:

- Make measured and thoughtful decisions about our safety, the safety of our family, friends, and co-workers each day.
- Develop and stay committed to our safety routines.
- Be leaders and speak out respectfully when we see people taking risks or acting casually.
- Protect ourselves and our loved ones.

The COVID-19 pandemic has been affecting our lives for more than four months and will continue for the foreseeable future. It is a unique hazard without precedent in our lifetimes and if we intend to manage it successfully, we need to find a way of transitioning from our initial emergency response mindset to sustainable long-term reliance on routines that keep us and our families safe.

THINK SAFETY
WORK SAFELY



