

WASH YOUR HANDS



IT'S THE SINGLE MOST EFFECTIVE WAY TO KEEP FROM CATCHING A COLD/FLU OR SPREADING ONE TO SOMEONE ELSE.

Prevent colds and flu this season. Wash your hands and fingers with regular soap and water for at least 20 seconds. If soap and water is not available, use enough hand sanitizer to cover your hands and fingers. If you feel the signs of flu/cold, please stay at home and call your supervisor.

**FORWARD.
TOGETHER.**

